



*St Joseph's School, Nyngan*  
The Educational Ministry of St Patrick's Catholic Parish in Nyngan



## NEWSLETTER

Wednesday, 18<sup>th</sup> June, 2014



### The Most Holy Body and Blood of Christ - Sunday, 22 Jun 2014

#### A reflection on Sunday's Gospel .....

The feast of the Body and Blood of Christ, also known as *Corpus Christi*, celebrates and commemorates the institution of the Eucharist at the Last Supper. Although the liturgy on Holy Thursday remembers the celebration of the Last Supper, its focus tends to be more aligned with the events of the Passion rather than on the institution of the Eucharist. In the 13th Century, Pope Urban IV established the feast of Corpus Christi (the Body of Christ) and it was St Thomas Aquinas who composed the official prayers of the Church for the feast day. In 1970 the feast was changed to the Solemnity of the Body and Blood of Christ. In some countries it is celebrated on the Thursday following Trinity Sunday and in others on the following Sunday.

The gospel passage comes from the 6th chapter of the gospel of John in which the gospel writer has Jesus deliver an extended discourse on the image of himself as the Bread of Life. This passage comes from the end of that discourse and, in this relatively short passage, Jesus repeatedly demands that his followers must eat his flesh and drink his blood. It is through these actions that his followers will share in eternal life. Jesus says that whoever does this will live in him and he will live in them. That is one of the fundamental beliefs about the Eucharist. When we receive the body and blood of Jesus in the Eucharist we become what we receive – we become Christ's body in the world. When Jesus called his disciples, he called them to be like himself. He reissues that call to be like him every time we receive his body and blood in Eucharist.

#### **Scriptural context – Eucharist in Scripture**

The gospel of John does not include any account of Jesus taking bread and wine and urging the disciples to 'do this in memory of me'. The three synoptic gospels, however, all feature these actions and words, as does Paul's first letter to the Corinthians, which predates all of the gospels. Rather than using these words of institution, the gospel of John includes an entire chapter much earlier in the gospel in which Jesus theologises about the image of himself as the Bread of Life. It is this discourse, more than the Last Supper accounts, that provides much of the theological understanding of Eucharist.

#### **Living the Gospel**

Meals are very important events. Not only do we physically need food and drink to keep ourselves alive, but we use meals to mark occasions and celebrate events: birthdays; weddings; dates; achievements; disappointments; reunions. There is a sacredness about gathering with friends and family and sharing a meal together. Stories are told; memories shared; the food is appreciated and more often than not there's a drink to accompany the meal. Treating such occasions with gratitude – as blessed moments of grace – is living out the Eucharistic reality of welcoming Jesus into our lives and seeking to be more like him.

Reflection by Greg Sunter



**CONGRATULATIONS** to the children who will receive the Sacrament of First Eucharist this Sunday, 22<sup>nd</sup> June in St Patrick's Church at the 9:00 am Mass:-

Digby Barrow, Jesse Beetson, Jayne Boland, Shannon Bourke, Jack Buchanan,  
Ethan Eckart, Eliza Finlay, Jack Gadsby, Thomas Gadsby, Jedd Healey,  
Reg Herbert, Jack Meldrum, Rory Quarmby, Serenity Sheather,

Abbie Smith, Trae Smith, Will Taylor, Brendan Waterhouse, Tom Yeo and  
Brooke Bunting who will receive the Sacrament at our Whole-School Mass on Friday, 27<sup>th</sup> June.

Dear Parents,

Thank You!  
Thank You!

- To Katie Sinclair - many thanks for organising the special lunch day last Thursday which was enjoyed by the students and staff. It's great to have something different in the canteen. Thanks also to Rata English and Kate Yabsley for assisting Katie.
- To the mums, dads and grandmums who have worked in our school canteen during the term - thank you for giving of your time.
- To Megan Holmes & Alison Kennedy who manned the gate last Saturday at the Bogan Bulls' home game.
- To the students of St Joseph's for your generous support of the 'Hear Our Heart Ear Bus' Project raising the amount of \$189.00. A cheque for this amount will be forwarded to 'Ear Bus' Committee.
- To Wendy Robb and Katie Moody who are organising both of our Athletics Carnivals which is very time consuming. Thanks girls!!
- To the staff of St Joseph's for the time and effort they have put into writing the children's half-yearly reports. These reports will be sent home on Monday, 23<sup>rd</sup> June.

### **WELCOME**

We are delighted to have Jarred Jeffery completing his first primary practicum at St Joseph's, Nyngan. Jarred is currently working with Mrs Toole in Kindergarten. We hope that Jarred enjoys his time at St Joseph's.

Please  
Note

**CHANGE OF MASS VENUE** Due to the renovations to St Patrick's Church,  
Friday's Year 4 Class Mass will be held in MacKillop Hall at 9:30 am.

### **CANTEEN - TERM 3**

Included today are the dates for the Term 3 Canteen Roster. Thank you to all who helped out during Term 2. Please find a suitable date on the roster and let us know via telephone or email to [admin.nyngan@wf.catholic.edu.au](mailto:admin.nyngan@wf.catholic.edu.au) if you wish. Many thanks in advance.

### **ST JOSEPH'S 'MINI' ATHLETICS CARNIVAL - THURSDAY, 19<sup>TH</sup> JUNE**

**PLEASE NOTE - OUR SCHOOL CANTEEN WILL NOT OPEN TOMORROW, THURSDAY, 19<sup>TH</sup> JUNE. CHILDREN WILL NEED TO TAKE THEIR RECESS, LUNCH & DRINKS TO THE OVAL WITH THEM.** Our 'MINI' ATHLETICS CARNIVAL will commence at 9:45 am. Sincere appreciation to those who have volunteered to help with the running of tomorrow's events. The helpers' list is included today. We will begin with the March followed by the long distance races and two field events for each group. This carnival will conclude at lunchtime. The children will walk to and from the oval with class teachers.

Our MAIN CARNIVAL will be held on **THURSDAY, 26<sup>TH</sup> JUNE COMMENCING AT 9:30 AM** and will finish around 3:00 pm. The oval canteen will be in operation for this carnival. Thanks to the parents who have signed up to help on the day. The return slip for both athletics and canteen helpers is included once again today. Please fill in the form provided and return to school or email your response to [admin.nyngan@wf.catholic.edu.au](mailto:admin.nyngan@wf.catholic.edu.au).

### **REMINDER - STAFF PROFESSIONAL DEVELOPMENT DAY - TUESDAY, 24<sup>TH</sup> JUNE**

Just a reminder that children **DO NOT ATTEND SCHOOL** on this day. The staff of St Joseph's will be attending a Religious Education Inservice in Cobar on 24<sup>th</sup> June.

### **LATE ARRIVALS - SIGNING IN**

Just a reminder to parents that they must sign their children in if they are running late for school. If the front door is locked, please escort your child to his/her classroom and the teacher will organise the late arrival form.

### **POLDING CROSS COUNTRY RESULTS**

Well done to the students who competed at the Polding Cross Country Trials at Eastern Creek on Friday, 13<sup>th</sup> June. There were approximately 50 - 100 competitors in each of the divisions so, as you can see by the following results, all of our children ran very well at the carnival.

Stirling Carter 13<sup>th</sup> - 11 Yrs Boys;

Lucy McLaughlin 14<sup>th</sup> - 8/9 Yrs Girls;

Mia Taylor 17<sup>th</sup> - 10 Yrs Girls;

Hamish Donnelly 28<sup>th</sup> - 12/13 Yrs Boys;

Anastasia Walsh 36<sup>th</sup> - 10 Yrs Girls;

Will Black 37<sup>th</sup> - 8/9 Yrs Boys;

Lachlan Donnelly 38<sup>th</sup> - 12/13 Yrs Boys.

Unfortunately Serenity Sheather was unable to compete due to illness on the day.

### **DIOCESAN RUGBY TRIALS**

Lachlan Donnelly and Xander Wood will be competing in the NSW Catholic Primary School Sports Council's Rugby Union Trials in Forbes on Monday, 23<sup>rd</sup> June. At the conclusion of these trials, students will be selected in Polding and MacKillop teams to participate at the NSW PSSA Championships to be held at Kiama, 19<sup>th</sup> - 21<sup>st</sup> August, 2014. We wish the boys every success.

### **CWA PUBLIC SPEAKING COMPETITION**

Both Doclan Jackson and Angus Wallis were reserves for the Inter Group CWA Public Speaking Competition following the first round of the competition in Narromine. As there were two vacancies at the last minute, the boys were invited to speak at Cumnock yesterday. Congratulations Doclan and Angus - I believe the competition was strong with children competing from Bathurst, Orange, Cowra and beyond. Well done to Doclan who received a Highly Commended. A great experience for Doclan and Angus.

### **BOGAN BULLS' HOME GAMES GATE ROSTER**

Thanks once again to the parents who have volunteered to take admissions at the Bogan Bulls' home games. A reminder that helpers need to be at the gate by 12:30 pm on the day you are rostered. **There is still just one more date to fill - SATURDAY, 16<sup>TH</sup> AUGUST.** Please let us know if you can help on this day.

### **ST JOSEPH'S P. & F. ASSOCIATION NEXT MEETING DATE**

The next meeting of St Joseph's P. & F. Association will be held on **Tuesday, 12<sup>th</sup> August** in MacKillop Hall at 6:00 pm. Thanks to those who sent in their apologies for last evening's meeting. We were unable to hold an official meeting as there were only two parents in attendance. For everyone's convenience, I will include meeting dates in all school newsletters.

### **CLAIMING THE DATE - ST JOSEPH'S ANNUAL FETE SATURDAY, 15<sup>TH</sup> NOVEMBER, 2014.**

### **SCHOOL FUN RUN - THURSDAY, 31<sup>ST</sup> JULY, 2014**

Our P. & F. Association would like our students to be involved in a 'Fun Run' Fund-Raiser to be held on Thursday, 31<sup>st</sup> July, 2014. There is a letter attached to this newsletter explaining this event. Thanks to Nicole Donnelly for coordinating this fund-raising venture.

## **LISTENING ASSEMBLIES FEEDBACK**

As a follow-up to our Listening Assemblies that were conducted by Anthony Morgan (Diocesan Director) and Terry McCarthy (Education Consultant) which were held at St Joseph's on Tuesday and Wednesday 3<sup>rd</sup>/4<sup>th</sup> June, I have attached today a summary of all four meetings for your information.

### **COMING UP!!**

Thursday, 19 <sup>th</sup> June	- St Joseph's Athletics Carnival Part 1 - 9:45 am - 1:00 pm
Friday, 20 <sup>th</sup> June	- Year 4 Class Mass 9:30 am in MacKillop Hall
	- Year 6 High School Transition Day
Sunday, 22 <sup>nd</sup> June	- Year 4 Sacrament of Eucharist 9:00 am Mass
Monday, 23 <sup>rd</sup> June	- Half-Yearly Reports Home
Tuesday, 24 <sup>th</sup> June	- Staff Professional Development (Children do not attend school)
Thursday, 26 <sup>th</sup> June	- St Joseph's Athletics Carnival Part 2 - 9:30 am - 3:00 pm
Friday, 27 <sup>th</sup> June	- Whole-School Mass - Feast of the Sacred Heart 9:30 am
	- Year 2 Excursion to Dubbo
	- Last Day of Term 2
Monday, 14 <sup>th</sup> July	- First Day of Term 3
Tuesday, 12 <sup>th</sup> August	- P. & F. Meeting - MacKillop Hall 6:00 pm

Yours sincerely,  
Sharon Grimmond  
Principal

### **Adidas School Fun-Run**

**We will be holding an Adidas School Fun-Run as a major fundraising event this year. The event will be held on Thursday, 31<sup>st</sup> July at the Nyngan Golf Course.**

The Adidas School Fun-Run is a healthy, fun and active fund-raiser that ensures we send the right message to our students about getting active, having fun and maintaining a healthy lifestyle. The main focus of this event is on participation. Family support is most appreciated as we encourage all students to get involved.

Students will receive a Sponsorship Form today to help collect sponsorship on behalf of the school. The funds raised will be used to purchase 2 banks of 6 iPads - one bank for the infants classes and one bank for the primary classes.

We ask all parents to read the Sponsorship Form and sign the front page to grant permission for their child to raise funds and participate in this event. Students who raise just \$10 or more will receive a reward for their effort. In the Sponsorship Form you will notice many other benefits like the chance to win a family holiday to Disneyland!

We will also have a fancy dress competition on the day with prizes for three divisions – Infants (Stage1), Stage 2 & Stage 3. It will be a gold coin donation to enter the fancy dress competition. The only condition is that joggers must be worn on the day.

Students wanting to track their progress and use online fundraising can do so by logging onto [schoolfunrun.com.au/students](http://schoolfunrun.com.au/students) and creating a Student Profile Page.

Finally, we would like to welcome parents and family members to attend the Adidas School Fun-Run event day on Thursday, 31<sup>st</sup> July to help cheer on the students.

If you would like to volunteer and help out on the day please contact the school via email [admin.nyngan@wf.catholic.edu.au](mailto:admin.nyngan@wf.catholic.edu.au) or telephone the school on 68321588.

Thank you, good luck and happy fundraising!

**Nicole Donnelly**

**Coordinator**

**St Joseph's P. & F. Association**

**Summary Notes from the Listening Assemblies held at St Joseph's Parish  
Primary School, Nyngan on June 3<sup>rd</sup> and 4<sup>th</sup>, 2014**

At each meeting, the strengths of our school and system of schools were discussed and acknowledged as were the challenges we face. These discussions helped participants contribute ideas regarding their vision for the future of our system of schools and the ways we might seek to achieve it. Summary notes are provided below that will contribute to the development of a Strategic Plan for our Diocesan schools:

**Vision**

**Proposed by Staff** – Exercise a spirit of love, harmony and giving in serving the educational needs of all children within our care across the Diocese.

**Proposed by Parents** – Provide a happy, safe and faith-filled education providing students with a strong foundation for the future.

**Proposed by Students** – Provide a high quality education that nurtures in students a sense of caring, respect and giving.

**Proposed by Parish** – Live our faith through spirit and action.

**Actions:**

**Proposed by Staff**

Explore how we may enable greater 'face to face' staff and student connections across the Diocese.  
Investigate use of technology to enhance collegial sharing and connection across the Diocese.  
Explore how commercial curriculum programs may be streamlined to ensure energies are focussed on improving student learning.  
For the CEO to explore curriculum expectations in other Dioceses focussing on relieving unnecessary bureaucratic expectations on schools and their staff.

**Proposed by Parents**

Cater for the diverse needs of all students enabling them to go beyond their full potential.  
Promote parent engagement in schools, especially regarding the importance of the Sacraments.  
Maintain student enrolments to ensure the school's sustainability.  
Provide flexibility in staffing allocations to support student learning.  
Attract and retain quality staff through innovative HR processes.  
Situate our system of schools in 'this Asian Century' through student access to Asian languages.

**Proposed by Students**

Provide more specialist teaching options and increase sporting opportunities available to students.  
Involve students in doing charitable works, involving schools in their community.  
Improve access to modern technologies for learning, encouraging their sense of independence.  
Promote healthy living and eating.

**Proposed by Parish**

Explore ways for parents to be educated in their faith.  
Consider how to approach student faith development at 'their level'.

**Key Themes Emerging**

- Faith development and a sense of giving
- Seeking a greater connectedness across the Diocese to support student learning
- Relationships – friendship and respect
- Streamlining of system processes to support high quality teaching and learning.

## RE News Term 2 Week 8 2014

### Whole School Mass/ Liturgies Term 2

**First Holy Communion Year 4** Sunday 22<sup>nd</sup> June 9am

**Sacred Heart Mass** Friday 27<sup>th</sup> June 9:30am

### Whole School Mass/ Liturgies Term 3

**St Mary of the Cross** Thursday 7<sup>th</sup> August 9:30am (Wk 4)

**First Reconciliation Year 4** Wednesday 13<sup>th</sup> August 6:00pm  
(Wk 5)

**Feast of the Assumption** Friday 15<sup>th</sup> August 9:30am (Wk 5)

**Father's Day Liturgy** Friday 5<sup>th</sup> September (Wk 8)

### Term 2 Class Masses

Year 4 Friday 20<sup>th</sup> June 9:30am  
in MacKillop Hall

### Term 3 Class Masses

Year 3 Friday 18<sup>th</sup> July 9:30am (Wk 1)

Year 1 Friday 25<sup>th</sup> July 9:30am (Wk 2)

Year 4 Friday 1<sup>st</sup> August 9:30am (Wk 3)

Year 5 Friday 29<sup>th</sup> August 9:30am (Wk 7)

Year 2 Friday 12<sup>th</sup> September 9:30am (Wk 9)

### Making Jesus Real (MJR)

#### Listening Skills

We listen with our eyes as well as our ears. Too many of us today have selective hearing, that is, we can switch off. The 'in' word in sport today is 'FOCUS' and we too have to focus on what people are telling us. We would be better students and people if we developed our listening skills more. A good listening skill to achieve is to ask a question about something your friend has just told you, e.g.,

Did you enjoy it? How long did it take to get there? Were you surprised how good it was?

That shows you that you are interested in what he or she told you. You are then practising being an Active Listener.

#### **Reflection Questions:**

**Do I really focus on what people are telling me? Can I improve in that area?**

Mitch, P. D. (2013). Catholic Education Office Hobart. P.50.

### Year 3 Confirmation

Congratulations to the Year 3 students who were confirmed on Sunday at St Patrick's Church. The students read really well and were reverent throughout the Mass. It was great to see the church so full on a Sunday. Thank you to Father Line for confirming the students and to Miss Tonkin for preparing them. Thank you to all of the families who brought a plate to share at the morning tea. The Confirmation Cake was delicious thanks to Anita Smith and Judy Stimpson.



## Peer Support Program: 'Resilience'

### Week 8

This week we further develop the range of strategies we can use in challenging situations. This session focuses on step 3 of the model - Proceed. In order to learn from situations and move forward children need to go beyond thinking of strategies and action them. Children recognise, despite the use of a range of strategies, sometimes they cannot change the situation. At these times, it is important to accept the situation and move forward with a positive outlook.

Encourage your child to follow through with strategies they have discussed and planned to use. It is important to then help them evaluate if this has worked or if they need to try a different strategy.

### Week 9

In this week's final session of the Peer Support module - Moving Forward, children will reflect on what they have learned over the past seven weeks. The students will make a cube to remind them to draw on their strengths, achievements and people who support them when faced with challenging situations. These protective factors promote confidence and motivate students to approach new situations where they can then apply the Pause, Plan, Proceed Model.

Geoff Gibbons  
REC

## COMMUNITY NEWS

### Live Theatre coming to Nyngan

On Friday 27th June at the Palais Theatre, the Comedy play "The Exchange" will perform commencing at 7.30pm cost is \$25 per ticket ..... it has been a long time since we have had a theatre production to our town so please come and support this event. Gather some friends together and come and enjoy a relaxing night. The money from the night goes purely to the presenters but I thought it was a great opportunity for the town so took it up.... Dress up and come along it will be an entertaining night I am sure. Please pass the word around!  
Angie White

# ST JOSEPH'S ATHLETICS CARNIVAL – PART 1

## THURSDAY 19<sup>TH</sup> JUNE 2014

### HELPERS LIST

#### TRACK EVENTS

**COORDINATORS** Wendy Robb & Katie Moody  
**ANNOUNCER** Stuart Rufus  
**STARTER** Brad Toole  
**MARSHALL** Rachelle Rope & Alex Toole

**TIME KEEPERS**  
**CHIEF TIMEKEEPER** **Angela Tonkin**  
 1. Anita Smith  
 2. Abigail McLaughlin  
 3. Jemeil Wallis  
 4. Nicole Donnelly  
 5. Kate Yabsley  
 6. Amie Taylor

**MARCHING JUDGES:**  
 1. Jarred Jeffery  
 2. Sr Petra  
 3. Ken Whaley

**JUDGES**  
 1. Kieran Smith  
 2. Sonia Black  
 3. Maryanne Bourke

**TIMES RECORDER:** Sharon Grimmond  
**RECORDING TABLE:** Katie Moody

**HOUSE SUPERVISION**  
**PENOLA** Tiffany Daly & Petra Ramsay  
**XAVIER** Jayne Jackson  
**LOURDES** Joanne Deebank

#### FIELD EVENTS

The teacher will stay on the event all day and be the official judge and times recorder. We are asking parents to rotate with the group and assist with measuring, raking, putting in numbers etc.

#### HELPERS

Anita Smith, Cathy Hoare,  
 Abigail McLaughlin, Amie Taylor,  
 Nicole Donnelly, Kate Yabsley,  
 Jodie O'Neill, Katie Vernon

<b>LONG JUMP 1</b>	Angela Tonkin
<b>LONG JUMP 2</b>	Tiffany Daly
<b>HIGH JUMP 1</b>	Brad Toole
<b>SHOT PUT 1</b>	Rachelle Rope
<b>SHOT PUT 2</b>	Stuart Rufus
<b>DISCUS 1</b>	Alex Reeves
<b>DISCUS 2</b>	Sharon Grimmond

#### **SUPERVISION**

<b>JUVENILE BOYS</b>	Jarred Jeffery
<b>JUNIOR BOYS</b>	Sharon Grimmond
<b>JUNIOR GIRLS</b>	Jayne Jackson
<b>SENIOR/11YRS BOYS</b>	Petra Ramsay

Thanks for your assistance.  
 Coordinators  
 Wendy Robb & Katie Moody



